Yummies Swimming School

Baby /Toddler swim classes

E-mail: info@yummies.co.za

Contact: Isabel van Emmenis

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Parent – Mom/Dad/ Guardian: Attending all the classes:	
Cell No. Mom: Home & Work no:	
Cell No. Dad: Home & Work no:	
Marital status: (tick)	**Married Divorced Seperated Widow Single Engaged**
Who will be responsible for the account?	
Baby/Toddlers full name:	
Baby/Toddlers nickname:	
Date of birth of baby/toddler:	
Premature or on time? If premature, how many weeks?	
Started to stand (months):	
Started to walk (months):	
Does the baby/toddler have any medical conditions or allergies?	
Has your baby/toddler had all immunisation injections? (tick)	**Yes No**
Name of Nursery or pre-	

school attending:	
Parent who is going to attend classes – any medical conditions or allergies that we need to know about?	
Stand in person (if you cannot attend):	
Any medical conditions or allergies (stand in person)?	

WELCOME TO: YUMMIES SWIM SCHOOL – SWIM DYNAMICS BABY/TODDLER SWIM CLASSES:

Swim Dynamics Baby/Toddler classes are a programme which entails mom/dad/guardian to swim together with their baby/toddler and to help them learn water safety skills and swimming readiness skills. These classes help your little ones and you to enjoy water together through songs, chants and games. You will learn different skills (secondary and primary), which will later develop further into the Learn to Swim programme and your little one will get used to the teacher in the LTS programme without the parent's assistance. This programme helps the baby/toddler to reach a certain measure of independence. Emphasis is on a natural learning environment which is adapted to water which takes place through swim-directed play.

Please note:

1. Please attend all lessons – the main person who signs up.
2. To come to every lesson, otherwise you will not see progression with your baby/toddler.
3. No disposable nappies are to be used when having your little ones lesson, use only Swimmer nappies.
4. Only put the swimmer nappy on when you come for your little ones lesson, not before.
5. Please parents of babies/toddlers, do not wear bikinis as they have a knack to come loose, kindly wear a full costume.
6. Please be aware of your baby/toddler's bowel movements – especially in a lesson, also because we are in warm water. If you think that they have done something, please take them out of the water immediately and go check. If this ends up in the water we would have to close the pool.
7. If your little one needs a tissue, please use the wet wipes on the side of the pool.
8. If you arrive late for the lesson, please do not rush your baby/toddler.

9. Please listen to instructions – the coach is there to help you and your baby/toddler to progress.
10. We will teach you how to support your baby/toddler in the water and over time it will change to how to let go when they feel ready and are comfortable in water.
11. Kindly note that babies/toddlers must wear a swimming costume and swimming cap.
12. The parent/guardian who is swimming with the baby/toddler must either tie hair back with hair clip and/or elastic and can wear a swim cap as well, if you want to keep your hair dry.
13. 3 towels are suggested and a gown for the cooler months (for after lessons).
14. If you want to give your baby a light snack before the lesson, please do this no later than 30 minutes before the lesson.
15. A warm bottle or light snack can be given after the lesson.

Fee structure:

R300 per month

R300 administration fee – to be paid once per year (annually)

PLEASE NOTE: 1 calender month's notice is to be given when terminating swimming lessons.

** I acknowledge that I have read and given all necessary information. I agree to abide by the Terms and conditions & rules and regulations of Yummies Swim School.

Date: _____ Place: _____ Signature:_____